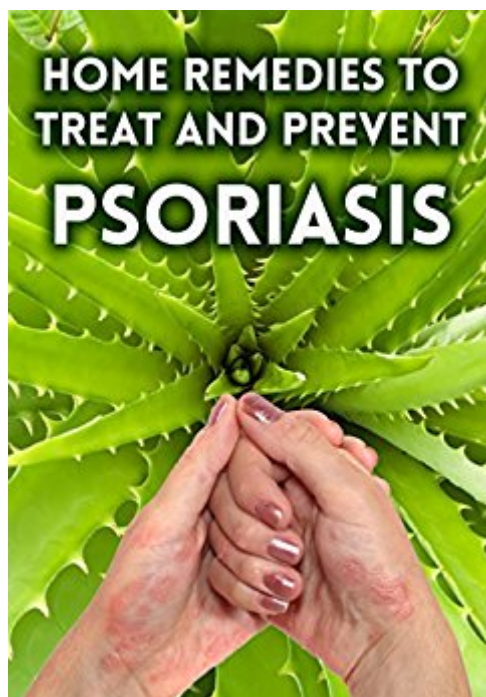




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# Home Remedies To Treat And Prevent Psoriasis (Psoriasis Treatment, Scalp Psoriasis, Psoriasis Symptoms, Psoriatic Arthritis)



## Synopsis

Psoriasis is a common, chronic skin condition. The immune system causes inflammation in the skin, as well as other bodily tissues. Inflammatory chemicals trigger unnecessary multiplication of cells in the epidermis, or outer layer of skin. Generally, new cells constantly form at the base of the epidermis and move to the top, where they are shed. In psoriasis, new cell production rate is much greater than that of the shedding of old cells, leading to a pileup at the surface. These raised patches on the skin are called plaques. The pink or red patches are sometimes itchy and topped by silvery scales. There may be one patch or many. The scalp, elbows, buttocks, and knees are most commonly affected. Most cases of psoriasis are not too complex and can be treated at home using the simple home remedies in this book. Good Luck !!

## Book Information

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## Customer Reviews

This book has a few recipes that may help with Psoriasis. Going gluten free seems like it may be an answer to Psoriasis.

I am becoming a fan of home remedies ! Because home remedies are really good and easy to prepare..this book is full of home remedies to prevent Psoriasis .

Liked.

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